

# KIND: session summary

with **Graham Allcott**

60-90min

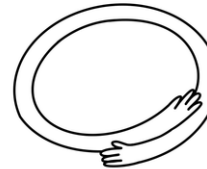
It's often thought that we have to choose between a kind working environment or a high-performing one.

This keynote sets out to prove that kindness actually drives success.

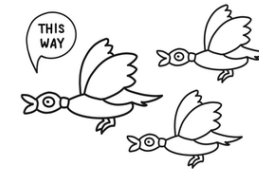
Based on the scientific research and leadership principles from Graham Allcott's book KIND, this keynote will show you how kind acts lead to higher levels of teamwork, innovation and productivity, as well as help shift work culture and society at large to something better.

## The 8 Principles of Kindfulness at Work

IT STARTS WITH YOU



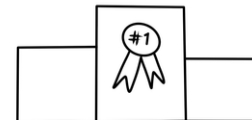
SET CLEAR EXPECTATIONS



LISTEN DEEPLY



PEOPLE FIRST,  
WORK SECOND.



ALWAYS.

BE HUMBLE



TREAT PEOPLE THE  
WAY THEY WANT TO  
BE TREATED

